



STRIVE TO THRIVE LIVE LONG AND STRONG!

Health Fair and Educational Event

**November 4, 2017 ~ 10:00 AM ~ 3:00 PM
1015 Dispatcher Way
LaGrange, KY 40013**

Speakers and breakout sessions:

- **CPR Certification**
- **Blood Drive**
- **Alzheimer's Awareness and Simulations**
- **Holistic Health**
- **Educational Speakers: Institute of Sustainable Health and Optimal Aging, University of Louisville**

RSVP Appreciated for Complimentary Lunch

Vickie Newton: 222-1349

Collaborative Partners:



U^{OF}L INSTITUTE FOR SUSTAINABLE
HEALTH & OPTIMAL AGING

Empowering Older Adults to Flourish